

Bechard Family Farm Newsletter Spring 2011



Hello from Bechard Family Farm!

We are beginning our 12th year of raising healthy & delicious meats to families like yours! We offer 5 different pasture-raised meats: **chicken, turkey, beef, lamb, and pork**. While continually looking for ways to improve, we are constantly being pulled back to these basic questions. How were the animals created? What were they intended to eat? How can we make things more original, simple, organic?

After much searching, we are happy to announce our switch to GMO-FREE poultry feed! The chickens and turkeys live their happy lives on chemical-free pasture, getting their fill of fresh grass, bugs, and GMO-FREE grain & mineral mix. The birds are raised and

processed here on our farm. When you come to pick them up, they will be fresh and "oven-ready", weighing approximately 3.5# to 5.0#. This new feed is a little more expensive and harder to obtain. We are trying to do our best for you, the customer. We appreciate your support as we make this change for the better.

Beef and lamb will continue to be raised solely on grass, getting plenty of water, sunshine and free-choice organic mineral. With increased Management-Intensive-Grazing this year, we are eager to see the results in pasture productivity. You can purchase beef, lamb, or pork by the individual cut for that special meal or in bulk for a nutritious meal anytime.

The most pampered animals on the farm are our fine dairy cows. They get first choice of the grasses and the best of hay in the winter. In return, they provide us with fresh, delicious, creamy Raw Milk. To get some of your own delectable creamy goodness, please call the farm to order your jug of cold, raw milk or cream.

The pigs can be found happily turning up the soil in the garden or eating goodies like kitchen scraps and clabbered milk, working hard to turn it all back into good things like *bacon, pork chops, and sausage!* Our sausage remains Nitrite and Nitrate free, enhanced only with a delicious combination of kitchen spices.

Don't miss our Award Winning Whole Wheat Bread, made with freshly ground "certified chemical free" wheat kernels. We bake the bread fresh, so please call ahead.

Do you need jam for your bread? We have added a *twelfth* flavor of homemade jam! In addition to Applebutter, Blackberry, Blueberry, Gooseberry, Peach, Raspberry-Rhubarb, Red Cherry, Red Raspberry, Rhubarb, Strawberry, & Strawberry-Rhubarb, we are pleased to add *STRAWBERRY-PEACH* to our tasty selection! They taste wonderful on a slice of our whole-wheat toast!

Here in our farmhouse kitchen, we make a large selection of handcrafted lye-soaps, all with beautifully designed natural colors or eye-catching swirls. All our soaps contain skin-pampering blends of oils, and they ALL have a generous, fluffy lather. Once you try our handmade soaps and see for yourself how soft and silky your skin feels, you'll never go back to harsh detergent soaps again! Visit www.countrybubbles.com and find soaps just right for you. We have 35 different fragrances in our selection, sure to please any preference.

We invite you to come out for a visit and see our little farm-store! Enjoy a breath of fresh country air. In addition to all the things you've just read about, we carry a variety of books, music CD's, and local hand-made items. General hours are Monday-Saturday, 9-6. Please call ahead.

We appreciate all of our faithful patrons who have come right along side us in our journey to go back to the basics. Simple. Organic. Local.

Come meet **YOUR FARMER** and see how **YOUR FOOD** is raised!

Your Family Farmer, Armand & Teddi Bechard and family

OUR 2011 PRICES ARE AS FOLLOWS:

Poultry Prices

	<u>Pickup at the Farm</u>	<u>DELIVERED Fresh OR picked-up Frozen</u>	<u>Notes:</u>
1) CHICKEN	\$3.25 per pound	\$3.45 per pound	May thru late October
2) TURKEY	\$3.35 per pound	\$3.55 per pound	Thanksgiving

SIGN UP FOR YOUR THANKSGIVING TURKEY EARLY!

Everything Else

	<u>At the FARM</u>	<u>DELIVERED</u>	<u>Notes:</u>
3) BEEF*	\$5.50 - \$18.00 per pound	same	sold by the ½ or ¼ or piece
4) LAMB*	\$6.50 - \$10.00 per pound	same	sold by the whole or ½ or piece
5) PORK*	\$4.00 - \$7.00 per pound	same	No MSG in the sausage!
6) EGGS	\$4.00 per dozen (at farm)	Available at Mama Jean's	Available at Mama Jean's
7) BREAD	\$3.75 per loaf	same	Baked fresh, please call ahead!
8) JAMS	\$6.25 per jar	same	11 different flavors of jam!
9) SOAPS	\$4.00 each	same	UNSCENTED plus MANY fragrances!

***For Beef, Lamb, or Pork, please call for [availability](#) or for [prices by the CUT](#).**

Our 2011 Chicken & Turkey dates

<p>Pick-up day at the Farm 13700 Athens Road. Conway, MO</p>	<p>Springfield delivery at "Mama Jean's Natural Market" 1727 S. Campbell, Springfield, MO</p>
<p>The processed chickens will weigh between 3.0# to 5.0# (4# is average).</p>	
<p>At the farm from 4 to 6:30 p.m. ONLY</p>	<p>Out of courtesy to the store, PLEASE direct all questions to the Bechards.</p> <p>At the store from 4 to 5:30 p.m. ONLY</p>
<p>CHICKEN</p>	
<p>Pick-up day at the Farm Tuesday May 17, 2011 Tuesday June 21, 2011 Tuesday September 13, 2011 Tuesday October 4, 2011 Tuesday October 25, 2011</p>	<p>Delivered at Mama Jean's Wednesday May 18, 2011 Wednesday June 22, 2011 Wednesday September 14, 2011 Wednesday October 5, 2011 Wednesday October 26, 2011</p>
<p>*TURKEYS</p>	
<p>Monday November 21, 2011</p>	<p>Tuesday November 22, 2011</p>