

Bechard Family Farm Newsletter Spring 2012



Greetings from Bechard Family Farm!

This spring begins our 13th season of producing farm-fresh foods for families like yours. 13 years! God has richly blessed us in that time! We are so glad to continue learning and improving our farm, while still doing what we have always done - go back to the basics.

Last year we were pleased to offer poultry raised on GMO-FREE feed! With such success, we are continuing that this year. The **chickens** and **turkeys** are raised out on pasture, getting their fill of fresh grass, bugs, and sunshine. They are supplemented with GMO-free feed and mineral mix. Our poultry is NEVER given antibiotics or hormones. All of the chickens and turkeys are *raised* and *processed* here on our farm.

The **beef** and **lamb** continue to be raised solely on grass, getting plenty of water, sunshine and free-choice mineral, NEVER getting hormones or routine antibiotics. There is more than one way to buy the beef or lamb; you can purchase meat by-the-piece for that special meal you have been planning or by the whole or half to fill your freezer with healthy meats for a nutritious meal anytime.

The **pigs** can be found happily turning up the soil and eating goodies like kitchen scraps and clabbered milk, working hard to turn it all back into good things like *bacon*, *pork chops*, and *bratwursts*! Visit our [website](#) to find out more.

Our delicious homemade **bread** is made with freshly ground "certified chemical free" wheat kernels. We grind the grain the morning the bread is made. This guarantees you the freshest bread possible. We bake the bread fresh, so please call ahead.

Perfect to top your toast is our wide selection of homemade **JAMS**. We now make *TWELVE* flavors of homemade jam. Strawberry-Peach is the newest flavor addition to our tasty selection. Any of them taste great on a slice of our whole-wheat toast! Order some today!

Here in our farmhouse kitchen, we make a large selection of **handcrafted lye-soaps**, all with beautifully designed natural colors or eye-catching swirls. Once you try our handmade soaps, you will never go back to harsh detergent soaps again! Visit www.countrybubbles.com to find the right soaps for you. With over 35 fragrances in our selection, you are sure to be pleased.

We invite you to come out to visit our farm store! Enjoy a breath of fresh country air, a wide selection of handcrafted items, helpful do-it-yourself books, pleasant CD's of Mountain Music, and products from other small family farms. We are continually expanding our selection of hand-made products available in our store, which is open Monday thru Saturday, 9 to 6. We encourage you to call ahead just to let us know you are coming (especially if you are wanting milk).

We appreciate all of our faithful patrons who have come right along side us in our journey to go back to the basics and we look forward to seeing you this year.

Simple. Healthy. Local.
Your Family Farmer,
Armand & Teddi Bechard and family

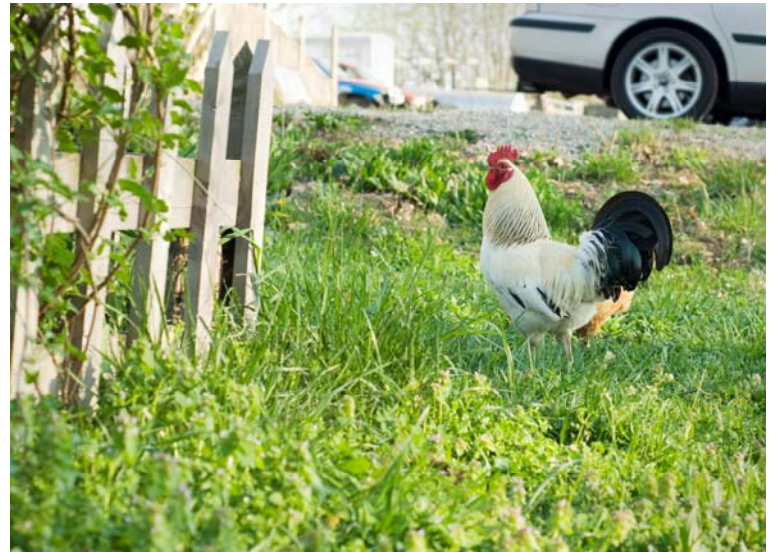
BECHARD FAMILY FARM
13700 ATHENS ROAD, CONWAY, MO 65632
(417) 589-4152



Find us on the web at www.bechardfarm.com
Our email is grassfedmeats@bechardfarm.com

2012 Pricelist

1) BEEF*	\$5.50 - \$18.00 per pound
2) LAMB*	\$7.00 - \$10.00 per pound
3) PORK*	\$5.00 - \$8.00 per pound
4) MILK	\$3.50-\$4.00 per ½ gallon
5) EGGS	\$4.00 per dozen (at farm)
6) BREAD	\$3.75 per loaf
7) JAMS	\$6.25 per jar
8) SOAPS	\$4.00 each



Spring on the farm!

* Please see website for details
www.bechardfarm.com/prices.htm

	<u>Pickup at the Farm</u>	<u>DELIVERED Fresh</u> <u>OR picked-up Frozen</u>	<u>Notes:</u>
CHICKEN	\$3.25 per pound	\$3.45 per pound	May thru late October
TURKEY	\$3.35 per pound	\$3.55 per pound	Thanksgiving (\$5.00 deposit required)

2012 Chicken schedule

[Pick-up day at the Farm](#)
[13700 Athens Road. Conway, MO](#)

Springfield delivery at
 "Mama Jean's Natural Market"
 1727 S. Campbell, Springfield, MO



The processed chickens will weigh between 4.0# to 5.5#

PLEASE NOTE: We deliver chickens AT the store.
Mama Jean's does NOT sell our meat.

At the farm from 4 to 6:00 p.m. ONLY

At the store from 4 to 5:30 p.m. ONLY

CHICKEN

Pick-up day at the Farm

- Tuesday May 15, 2012
- Tuesday June 5, 2012
- Tuesday June 26, 2012
- Tuesday September 11, 2012
- Tuesday September 25, 2012
- Tuesday October 9, 2012
- Tuesday October 23, 2012

Delivered at Mama Jean's

- Wednesday May 16, 2012
- Wednesday, June 6, 2012
- Wednesday June 27, 2012
- Wednesday September 12, 2012
- Wednesday September 26, 2012
- Wednesday October 10, 2012
- Wednesday October 24, 2012

TURKEYS

Monday November 19, 2012

Tuesday November 20, 2012